

COME TO SCHOOL

Questions arise about when one is allowed to come to school and under what conditions. Below is a guide on assessing whether you should send your child to school.

Under normal day to day conditions, you should report to work, and you should **send your child to school** if, you:

- Have no COVID-19 symptoms (see list)
- Have not been in close contact with a confirmed positive case of COVID-19
- Have a recent negative COVID-19 test and are asymptomatic
- Currently, quarantine is for 10 days, however, your child may return to school on day 7 if and only if he or she receives a NEGATIVE PCR test after day 5 AND has absolutely NO SYMPTOMS.

STAY HOME

If you have any of the following conditions, you **MUST** stay home immediately.

JUST GOT A POSITIVE COVID-19 TEST RESULT

- Stay home and rest
- Isolate and Quarantine in accordance with school quarantine policy
- Report confirmed test result to school
- Currently, quarantine is for 10 days, however, your child may return to school on **day 7** if and only if he or she receives a **NEGATIVE** PCR test after day 5 **AND** has absolutely **NO SYMPTOMS**.

SHOWING ANY SYMPTOMS OF COVID-19

- Stay home and rest
- Take a COVID-19 test and monitor symptoms

LIST OF KEY SYMPTOMS TO LOOK FOR

- Runny Nose
- Congestion
- Cough
- Fever or feeling feverish (such as chills, sweating)
- Sore throat
- Muscle aches or body aches
- Unusual fatigue
- Headache
- New loss of taste or smell
- Nausea or vomiting
- Diarrhea
- Mild or moderate difficulty breathing (breathing slightly faster than normal, feeling like you can't inhale or exhale, or wheezing, especially during exhaling or breathing out)

TEST TO STAY PROCESS

To minimize the disruption to learning of our students while trying to stay safe and healthy the school, in accordance with Governor Hochul's, the New York State Department of Health (NYSDOH), and Centers for Disease Control (CDC) recommendations, OWNCS will be implementing the Test to Stay process.

The Test To Stay protocols go into effect once a member of the community reports that there is a confirmed POSITIVE COVID-19 case in a classroom. The school will then send home all students and staff in that classroom with an At Home Test Kit.

1. Everyone sent home as a close contact with an At Home test kit must take the test that evening and report results through School [OWNCS COVID-19 Reporting Form](#) (whether positive or negative).

IF RESULTS ARE:

POSITIVE TEST or SHOWING SYMPTOMS

- **STAY HOME** and rest
- Report results to school
- Isolate and quarantine in accordance with current school policy
- Currently, quarantine is for 10 days, however, child may return to school on day 7 if and only if he or she receives a NEGATIVE PCR test after day 5 AND has absolutely NO SYMPTOMS.

NEGATIVE TEST and NO SYMPTOMS (ASYMPTOMATIC)

- Please note that even if you have a negative test you must report results to school
- If you have a negative test result, but have symptoms, you must stay home
- Return to school only with a negative test AND no symptoms
- Monitor daily for developing symptoms and complete daily Health Attestation before coming to school. If begin to show any symptom, STAY HOME, and take a 2nd COVID-19 test
- Day 5 after exposure, take 2nd At Home test and if negative **and** asymptomatic continue to come to school

AT HOME RAPID TEST

OWNCS received a supply of iHealth Antigen Rapid Test kits that it will give to students who are exposed to a confirmed positive COVID-19 case in school. Once a child is given a test kit, he or she must use one test that night, and then do a follow-up test 5 days later to continue to confirm that he or she is negative. Below are resources about the iHealth Antigen Rapid Test and some videos on how to use the kits.

In addition, there is a fact sheet from the Department of Health and Mental Hygiene (DOHMH) about the use of at home rapid tests as a part of the school's COVID-19 mitigation process.

<https://ihealthlabs.com/>

[iHealth How To Video in English](#)

[iHealth Rapid Test How To Video with Spanish Subtitles](#)

[DOHMH fact sheet](#)

[Multiple YouTube Videos on At home Rapid Test](#)