

Protecting Life in Delaware

Communicating With Your Legislator: Register TODAY!

Learn how to be an effective voice in protecting life in Delaware. On Wednesday evening, February 19th, at 7 p.m. we will host a virtual training seminar featuring Delaware Family Policy Council Nandi Randolph. Her experience at Legislative Hall is formidable and she has given testimony hundreds of times and spoken to legislators on matters of policy for years, always defending life and standing up for those threatened by legislation such as HB140.

This training will focus on:

- ◆ Identifying your legislators and how to contact them
- ◆ How to discuss critical legislation impacting life
- ◆ Attend and give effective testimony at hearings
- ◆ Follow schedules, legislation, and votes on the General As-

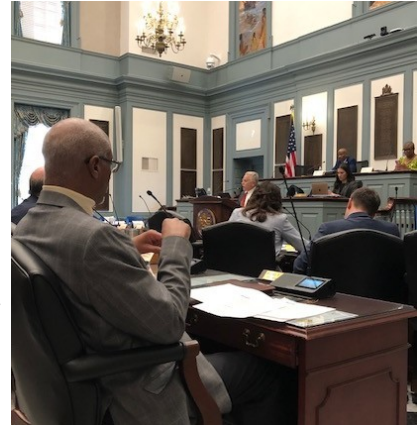
sembly website

We are in for another epic battle on assisted suicide and potentially more bills that attack life. Please don't miss this information-packed, one-hour session. To attend, please RSVP to Moira at prolifedelaware@gmail.com and she will send you the link for the event.

HB140 Update:

As expected, the latest attempt to push assisted suicide on Delawareans is in full force. HB 140, the End of Life Options Act, was voted out of committee on January 29th and now goes to the House floor for a vote when the General Assembly returns in mid-March.

During the 2 hour hearing at the end of last month, less than 15 minutes were given to public testimony, which was limited to ONE minute. People who had



Testimony at the committee hearing on HB140 on Jan. 29

travelled long distances and experts representing multiple organizations were denied their voice, as were all those who attended via Zoom. Most of the allowed testimony was against the bill and two representatives made the point that their constituents emails ran strongly opposed.

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Telehealth Distribution of Abortion Pills from Delaware



Debra Lynch, a nurse practitioner and founder of Her Safe Harbor, unboxes a shipment of abortion medications on Dec. 5, 2024, in the living room of her Delaware home. Austin American-Statesman

A recent report from the online Austin-American Statesmen by Bridget Groumet seemed to glorify abortion pills by mail providers to meet a presumed need to end life whereas state abortion bans have saved thousands of lives.

She cites a Delaware nurse distributing abortion pills throughout the country. "Her Safe Harbor" business is a public health threat. Peer-reviewed re-

search from the Charlotte Lozier Institute confirms a 500% increase in the rate of chemical abortion-related emergency room visits is putting women at considerable risk.

Here's a list of critical factors that this nurse overlooks:

1. No ultrasonography to determine gestational age or the evidence of an ectopic pregnancy.

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HB 140: End Of Life Options Act

Cont. from p. 1 This will continue to be a contentious issue and we will continue to fight for those endangered by the flaws in this legislation. It opens wide the doors of coercion for vulnerable patients, it corrupts the medical system by turning doctors into killers, and it devalues human life by telling some people they are better off dead.

“Even if a few grannies get bullied into assisted dying, isn't that a price worth paying for all those who could die with dignity?”
From testimony given in the UK

Rep Kendra Johnson, compared assisted suicide and abortion by saying both are purely matters of “bodily autonomy”, thereby sweeping away the rights of all those with disabilities whose “bodily autonomy” is compromised or dependent upon another. This makes the bill a glaring example of discrimination and one that must be stopped.

KEY DATES; Mark your calendars!

- ◆ **February 19: 7 p.m. Effective Communication with Legislators Zoom conference**
- ◆ **March 25: Day of the Unborn Prayer Rally in Dover, 1 p.m. at Legislative Hall**
- ◆ **April 5: Annual Brunch Banquet**
- ◆ **June 5: Delaware March for Life in Dover**



News Journal reprint of an article (1/25/25) glorifying the dangerous practice of distributing abortion pills by mail without medical oversight. Delaware's "shield law" protects such people from prosecution.

Telehealth Distribution of Abortion Pills

Cont. from p. 1

2. No STD testing to prevent pelvic inflammatory disease and further complications.
3. No blood tests for Rh negative results to determine complications for future pregnancies.
4. No pre or post physical examinations or health history to determine adverse effects from the drug that risks health and even death.
5. No proof of age is reliable via telehealth thus she promotes human trafficking of minors by predators.
6. Lack of informed consent since patients are not referred for pill reversal or crisis pregnancy support.
7. No oversight for abortion pills that get used maliciously by someone forcing an abortion upon a woman or reporting of such to the state.
8. Obviously no mortality or morbidity data is being reported to Health and Human Services or medical review boards.

The National Institute of Health warns that significant morbidity and mortality have occurred following the use of mifepristone as an abortifacient. NIH claims the FDA underestimates the adverse events reporting. The claim of the “Her Safe Harbor” nurse is in direct conflict in light of the scientific data that proves otherwise.

Delaware Pro-Life Heroes: Deacon Bob & Marie Cousar

by Bess McAneny

Deacon Bob first started learning about Planned Parenthood through a presentation at Holy Rosary in the '80's. It opened his eyes to their roots in eugenics. At that time Jean Anderson started a prayer vigil weekly at the PP across from the Church and Bob joined. Jean's faithfulness to this prayer effort was a witness to Bob. After time, the clinic closed its doors.

Deacon Bob shared what's "most fulfilling to me in this journey has been meeting other pro-life advocates. The overthrow of Roe v Wade was memorable but the extreme backlash has been making the struggle to protect life worse. A genocide is taking place in the African American population. The state is replacing the par-



Deacon Bob & Marie Cousar at St. Joseph's Church in Wilmington being honored for 20 years of service. The Dialog

ents and the rights of fathers ignored."

Going forward his message is NEVER GIVE UP. He urges others to educate, pray, attend adoration, witness, and be the voice for the voiceless. He commends national

young leaders like Kristan Hawkins and Lila Rose.

Marie, Bob's wife, shared her journey as well, "I learned about being pro life from Bob." After witnessing the loss of a child from someone close to her, Marie left her high paying job at the bank as assistant VP to be a social worker and take in foster children. It was a change of heart moment feeling she heard God's call. Later she assisted a woman to save her baby from abortion. While praising the overturn of Roe v Wade, she can't understand why women don't realize they are killing their own babies.

On a side note, Marie now has her water color paintings on display at the Parish Center of Saint Joseph's Wilmington, including



Our Lady Undoer of Knots and Our Lady Mother of Africa. She has included portraits of parishioners.

Sounds like a wonderful reason to visit the Center!

In Their Own Words...

"Deacon Bob has been a faithful prayer warrior for the precious unborn for many years during our 40 Days for Life campaign. He has been on the front lines of PP bringing his moving picture of Christ with the crown of thorns and leading us in song in the Divine Mercy Chaplet. At times he has been able to talk to someone contemplating an abortion offering them sound advice and alternatives. He, and at times his lovely wife, Marie, joined us on the bus to the March for Life. His deep faith and his sharing of his gifts as a Deacon have been very special to all of us who know him. Wishing the richest of God's blessings on a humble man of God!"

Nancy Frick, longtime 40 Days for Life participant and organizer in Wilmington

"Deacon Bob has always been a stalwart supporter of the pro life cause. He is one of the faithful clergymen we could count on in Wilmington to actively participate in our 40 Days for Life events. His prayerful presence at Planned Parenthood has been a comfort to the prayer warriors who assemble there and to the community at large. We are very fortunate to call him our friend!"

Julie Easter, former team leader of Wilmington 40 Days for Life